

# First Nations Treatment Centres in BC

Services for all genders, youth and families. FNHA funds over 200 residential treatment beds in a number of treatment centres within BC. Services for concurrent disorders; clients on Opioid Agonist Therapy; family treatment; couples counselling; pregnant women; and clients on psychoactive medications.

Services offer a variety of cultural and clinical interventions and support for First Nations in BC.



In British Columbia there are currently 9 residential treatment centres, funded through the National Native Alcohol and Drug Abuse Program (NNADAP).

Services are offered to males, females, youth (Nenqayni Wellness Centre) and families. Services offered at treatment facilities vary, but overall include services to clients with: physical disabilities; concurrent disorders; clients on Opioid Agonist Therapy; family treatment; couples counselling; pregnant women; and clients on psychoactive medications.

We believe the Carrier Sekani culture and spiritual way of living, which honours and

The integrated Health and Wellness Addiction Recovery Program, "Lhet'sut'en" is

respects all of creation, will empower our communities and strengthen our First Nations.

delivered by our multidisciplinary team consisting of clinical counsellors and cultural

healing practices along with evidence based best practices in addictions treatment

reflective of our program's vision statement: "Culture is Healing."

Residentail from April to October only.

knowledge holders. We believe culture is healing and incorporate a blend of traditional

#### TREATMENT CENTRES

### **DESCRIPTION**

## **Carrier Sekani Family Services Addictions Recovery Program**

Vanderhoof, B.C. V0G 3A0 Phone: (250) 567-2900 Toll-free: 1-866-567-2333

Fax: (250) 567-2975

P.O. Box 1219

### Gya' Wa' Tlaab Healing Centre

P.O. Box 1018 Haisla, B.C. V0T 2B0 Phone: (250) 639-9817 Fax: (250) 639-9815 The Gya' Wa' Tlaab Healing Centre offers this Early Recovery/Stabilization Program to all First Nations, Inuit and other people of Canada. This program can be defined as an assessment, orientation, and readiness phase to treatment.

The Program utilizes the following program resources to assist clients: Acu-Detox, Physical Fitness, Psycho-educational group facilitation, Mental Health Counselling, Methadone Maintenance Support, Attending Physician, Attending Pharmacist, and Culturally Appropriate Ceremonies.

#### Kackaamin

7830 Beaver Creek Road Port Alberni, B.C. V9Y 8N3 Phone: (250) 723-7789

Fax: (250) 723-5067

Kackaamin employs Certified Addiction Counsellors that facilitate educational workshops that broaden the knowledge of our adult clientele on a variety of topics and issues. Weekly individual, couple, and family counselling along with community capacity building support sessions.

### **Namgis Treatment Centre**

P.O. Box 290 Alert Bay, B.C. VON 1A0 Phone: (250) 974-5522 Fax: (250) 974-2257 To meet the goals of the program, a variety of themes are introduced during the six-week program. The program is designed to ensure maximum flexibility to meet client needs within theme areas:

- · Physiological and psychological effects of mood altering substances
- Family dynamics
- · Historical influences on substance abuse
- · Abstinence from alcohol and addiction as a way of life
- Spirituality
- Self-help programs for after treatment (e.g., Alcoholics Anonymous, Narcotics Anonymous, Adult Children of Alcoholics)
- · Self-awareness in the cycle of change
- · Trauma and its long-term and short-term effects

### Nengayni Wellness Centre

P.O. Box 2529

Williams Lake, B.C. V2G 4P2 Phone: (250) 989-0301

Fax: (250) 989-0307

To achieve a safe team environment where employees respect one another, communicate effectively, and are able to efficiently carry out their duties and responsibilities" (Staff Purpose - Developed in 2011).

Staff are certified by the Canadian Council of Professional Certification and receive ongoing training relating to their positions and as required by accreditation and licensing.

### North Wind Wellness Centre

Mailing Address:

PO Box 2480 Station A Dawson Creek, B.C. V1G 4T9

### **Physical Address:**

5524 235 Road Farmington, B.C. VOC 1N0

Phone: (250) 843-6977 Fax: (250) 843-6978

### The effects of alcohol and drug addiction are often devastating to individuals, families and communities.

The North Wind Wellness Centre offers a 45-day, culturally based, residential treatment program for ages 19 and up. Youth and Land-based programming take place locally within our Treaty 8 Member First Nations Communities that offer them.

Each day begins and ends with smudging and prayer. Sweat lodge, Blanket, and Pipe Ceremonies introduce and reinforce the concept of sacredness by means of traditional culture.

### **Round Lake Treatment Centre**

200 Emery Louis Road Armstrong, B.C. V0E 1B5 Phone: (250) 546-3077 Fax: (250) 546-3227

#### 1. 35-bed Treatment Centre

6-week Treatment Program addresses the impact of historic and intergenerational trauma by guiding participants through activities and ceremonies that help to resolve trauma, grief, and shame. Emphasis in the healing circle is on safety, trust, and self-care and facilitates wellness for indigenous trauma survivors.

### 2. 10-bed Recovery Home

Post treatment home for clients who require more assistance to further strengthen their wellness and recovery.

### Telmexw Awtexw Treatment Centre

4690 Salish Way Agassiz, B.C. VOM 1A1

Phone: (604) 796-9829 Fax: (604) 796-9839

### **Outpatient / Community based**

Accessible to clients with physical disabilities, Pregnant women, Court referral or Corrections clients, Clients taking other psychoactive medications

Transportation provided to outlying community members to enable attendance at the Day program.

### **Tsow-Tun Le Lum Society**

699 Capilano Rd Lantzville B.C. VOR 2H0 Phone: (250) 390-3123 Fax: (250)390-3119 Tsow-Tun Le Lum means "helping house." We provide programs that address the issues of addictions, and healing survivors of trauma and residential schools. Our mission is to strengthen the ability of First Nations people to live healthy, happy lives and to have pride in their native identity. Tsow-Tun Le Lum is a registered non-profit society operating a fully accredited treatment centre in Lantzville, on Vancouver Island, British Columbia.

### Wilp Si'Satxw House of Purification

Box 429, Cedarvale-Kitwanga Rd Kitwanga, B.C. VOJ 2A0 Phone: (250) 849-5211

Fax: (250) 849-5374

### Program length: 42 days

In-patient / Adult co-ed

- Residential schools
- On-the-land
- Gender-based
- Family treatment
- · Child counselling
- Couples counselling
- Clients with physical disabilities
- · Pregnant women



501 - 100 Park Royal South Coast Salish Territory West Vancouver, BC Canada V7T 1A2

Telephone **604.693.6500** 

Toll-Free **1.866.913.0033** 

Fax **604.913.2081** 

Website www.fnha.ca

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